

SCHEDULE 5

BLOCK LISTING SIX MONTHLY RETURN

To: Listing Applications UK Listing Authority Old Broad Street London EC2N 1 HP

AVS No

Please ensure the entries on this return are typed

- | | | |
|----|---|--|
| 1 | Name of company | ARC International plc |
| 2. | Name of scheme | ARC International Share Option Schemes |
| 3. | Period of return: | From 29.09.08 to 28.03.09 |
| 4. | Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period : | 16,133,675 |
| 5. | Number of shares issued/alloted under scheme during period: | nil |
| 6. | Balance under scheme not yet issued/allotted at end of period | 16,133,675 |
| 7. | Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission; | 50,000,000 – 10 th October 2000 |

Please confirm total number of shares in issue at the end of the period in order for us to update our records

As at 9 June 2009 - 154,433,499

Contact for queries:	Address: ARC International Plc Verulam Point Station Way St Albans Herts
Name:	Charles Rendell A11 5HE
Telephone:	01727 891400

Person making return

Name: Charles Rendell

Position: Vice President of Finance

Signature:

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To: Listing Applications UK Listing Authority Old Broad Street London EC2N 1 HP

Please ensure the entries on this return are typed

1	Name of company	ARC International plc
2.	Name of scheme	ARC International Unapproved Executive Share Option plan
3.	Period of return:	From 29.09.08 to 28.03.09
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	795,987
5.	Number of shares issued/alloted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	795,987
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	1,177,137 – 16 th December 2004

Please confirm total number of shares in issue at the end of the period in order for us to update our records

As at 9 June 2009 - 154,433,499

Contact for queries:	Address: ARC International Plc Verulam Point Station Way St Albans Herts
Name: Charles Rendell	A11 5HE
Telephone: 01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

Signature:

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1	Name of company	ARC International plc
2.	Name of scheme	ARC International Approved Executive Share Option plan
3.	Period of return:	From 29.09.08 to 28.03.09
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	268,500
5.	Number of shares issued/alloted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	268,500
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	427,500 – 16 th December 2004

Please confirm total number of shares in issue at the end of the period in order for us to update our records

As at 9 June 2009 - 154,433,499

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Name:	Charles Rendell	A11 5HE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

Signature:

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1	Name of company	ARC International plc
2.	Name of scheme	ARC International Incentive Stock sub plan
3.	Period of return:	From 29.09.08 to 28.03.09
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	554,135
5.	Number of shares issued/alloted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	554,135
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	3,500,000 – 16 th December 2004

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As at 9 June 2009 - 154,433,499

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Name:	Charles Rendell	A11 5HE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

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1	Name of company	ARC International plc
2.	Name of scheme	Directors share based award
3.	Period of return:	From 29.09.08 to 28.03.09
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	156,250
5.	Number of shares issued/alloted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	156,250
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	1,000,000 – 7 September 2005

Please confirm total number of shares in issue at the end of the period in order for us to update our records

As at 9 June 2009 - 154,433,499

Contact for queries:	Address:	ARC International Plc Verulam Point Station Way St Albans Herts
Name:	Charles Rendell	A11 5HE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

Signature:

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1	Name of company	ARC International plc
2.	Name of scheme	ARC International Share Save Scheme
3.	Period of return:	From 29.09.08 to 28.03.09
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	164,065
5.	Number of shares issued/alloted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	164,065
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	355,677 – 16 th December 2004

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As at 9 June 2009 - 154,433,499

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Name:	Charles Rendell A11 5HE
Telephone:	01727 891400

Person making return

Name: Charles Rendell

Position: Vice President of Finance

Signature: